

Horse riding REGULATIONS at the mountain riding tourism centre – SEREDNIE MALE
affiliated at Polish Tourist Country-Lovers' Association
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1. Horse riding is conducted by an eligible person, hereinafter referred to as „the instructor”.
2. The decision, whether the participant will be qualified to take part in horse riding, rests with the instructor each time.
3. The time and venue of lessons are established with the participants each time.
4. The riding is of bareback kind.
5. Each lesson participant should wear a suit while riding that corresponds with safety standards. A pillbox hat or head-protecting helmet, anti-graze trousers are required. It is possible to hire a pillbox hat on the spot.
6. Minor persons should be required to have their parents' consent to horse riding lesson participation.
7. On finishing the riding the rider is obliged to take care of their horse, obeying the instructor's orders. It may mean handing the horse over to another person or taking the bridle off, cleaning the bit and putting back the equipment used in its place.
8. During riding the lesson participant is obliged to carry out the instructor's orders and behave in such a way that they do not create a threat to themselves, other riders and horses. The riding participant (or their committee) is responsible for any damage caused as a result of their negligence of the instructor's orders.
9. During riding you must not carry on informal conversations. You must not talk on the telephone. In case you do not understand the instructor's orders, you should ask them for clarification.
10. During the lessons and while staying close to horses, the participants are obliged to observe the fundamental safety rules and obey the instructor's orders.
11. In the riding arena and stable territory and in close contact with horses cigarette smoking and alcohol drinking (and other intoxicants) are prohibited. You must not ride a horse under the influence of alcohol.
12. Each participant of lessons with horses is obliged to obey the above regulations.